

Consumer Information

This information is provided in accordance with Texas state requirements for licensed mental health professionals.

Access to Health Care Records

Clients may request access to their health care records by emailing me. All current and former clients have my email address; if you've lost track of it, just use this [contact form](#).

Texas Behavioral Health Executive Council (BHEC)

The Texas Behavioral Health Executive Council licenses and regulates mental health professionals in Texas. You may contact BHEC using the following link:

<https://bhec.texas.gov/contact-us/>

Filing a Consumer Complaint

If you have a concern or wish to file a consumer complaint, you may contact the Office of the Attorney General of Texas through its Consumer Protection webpage:

<https://www.texasattorneygeneral.gov/consumer-protection/file-consumer-complaint>